

Summit Gold® Iron Free Product #255 (rev. 3)

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 100

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	1 g <1%
Total Sugars	1 g †
Includes 1 g added sugars	2%
Vitamin A (Retinyl Palmitate).....	2700 mcg 300%
Vitamin C (Ascorbic Acid, Rose Hips, Acerola Berry).....	90 mg 100%
Vitamin D ₃ (Cholecalciferol).....	12.5 mcg (500 IU) 63%
Vitamin E (D-Alpha Tocopherol Succinate).....	50 mg 333%
Thiamine (Thiamine Mononitrate, Molasses Culture).....	6 mg 500%
Riboflavin (Riboflavin, Molasses Culture)	7.5 mg 577%
Niacin (Niacinamide, Molasses Culture)	51.6 mg 323%
Vitamin B ₆ (Pyridoxine HCl, Molasses Culture)	13.5 mg 794%
Folate	335 mcg DFE 84%
	(201 mcg Folic Acid)
Vitamin B ₁₂ (Methylcobalamin)	12 mcg 500%
Biotin (D-Biotin).....	150 mcg 500%
Pantothenic Acid (Calcium Pantothenate, Molasses Culture).....	51 mg 1020%
Calcium (Bone Meal, Calcium Sulfate, Calcium Carbonate,	501 mg 39%
Dicalcium Phosphate, Oyster Shell)	
Phosphorus (Bone Meal, Dicalcium Phosphate)	120 mg 10%
Iodine (Kelp)	75 mcg 50%
Magnesium (Magnesium Oxide, Magnesium Amino Acid Chelate)	200 mg 48%
Zinc (Zinc Amino Acid Chelate).....	11.25 mg 102%
Selenium (Selenium Amino Acid Chelate).....	35 mcg 64%
Copper (Copper Amino Acid Chelate).....	1 mg 111%
Manganese (Manganese Amino Acid Chelate)	3 mg 130%
Chromium (Chromium Amino Acid Chelate).....	50 mcg 143%
Molybdenum (Molybdenum Amino Acid Chelate)	7.5 mcg 17%
Potassium (Potassium Gluconate)	12 mg <1%
Choline (Choline Bitartrate).....	75 mg 14%
Inositol.....	75 mg †
SeaPlex (a proprietary blend of	37.5 mg †
Kelp, Dulse, Spirulina, Sodium Alginate, Bladderwrack, Irish Moss, Chlorella)	
Citrus Bioflavonoid Complex (Citrus Peel)	15 mg †
Pancreatin	12 mg †
Aloe Vera (leaf) Concentrate	12 mg †
Mixed Carotenoids (from Sea Algae)..	3.6 mg †

† Daily Value Not Established

Other Ingredients: Sugar, Microcrystalline Cellulose, Mono- and Diglycerides, Food Glaze, Croscarmellose Sodium, Providone, Talc, Gum Arabic, Gelatin, Magnesium Stearate, Sunflower Lecithin, Starch, Titanium Dioxide (color), Beeswax.